

Good Earth Breakfast

HEARTLAND BREAKFAST* GS

2 eggs, turkey sausage or bacon
and roasted potatoes 14.95

BREAKFAST QUESADILLA* GS**

Flour tortillas, cheddar-jack cheese,
scrambled eggs, peppers, onion, guacamole,
sour cream, radish, chilies, and cilantro 18.95

BREAKFAST BOWL* GS

Brown rice, kale, bacon, and onion
with 2 eggs and avocado 14.95

AVOCADO TOAST* GS**

2 poached eggs, multigrain, avocado, tomato, goat
cheese, and sunflower sprouts.
Served with mixed green salad 15.95

BREAKFAST PARFAIT GS**

Yogurt, fresh berries, and granola 9.50

TOMATO-BASIL OMELET* N GS

Mozzarella cheese, spinach and pine nuts. Choice of
roasted potatoes or mixed green salad 18.25

FRENCH TOAST

Thick Challah bread, topped with powdered sugar
SHORT STACK 10 FULL STACK 12.25

SHAKSHUKA GS**

Two poached eggs served with slow cooked tomatoes,
sweet bell peppers and onion, feta cheese and
fresh herbs, served with toasted baguette 15.95

ICED TEAS

Brewed fresh and served over a tall glass of ice 5.75

House Blend	Red Berries (Caffeine Free)
Green Tea with Mango	Ceylum Lumbini Black

HOT TEAS

HOUSE BLEND

Brewed fresh, bottomless cup 5.75

BAGGED TEAS

Ask server for varieties available
One tea bag served with a pot of hot water 5.75
Additional Tea Bag 1.25 EACH

ORGANIC COFFEE

Bottomless cup 5.50
Regular or Decaf

BUTTERMILK OR 10 GRAIN PANCAKES

Sunflower seeds, spring wheat, red winter wheat,
rye, honey, buttermilk
SHORT STACK 10 FULL STACK 12.25

GOOD EARTH® TURKEY SAUSAGE SCRAMBLE* GS

Natural turkey sausage, tomatoes, potatoes, scrambled
eggs, onion, peppers, mozzarella, sour cream
and green onions 17.95

GRILLED SALMON ON VEGETABLE HASH* GS

Grilled sustainable salmon on potato
and vegetable hash with poached eggs, chilies
and red pepper aioli 24.00

GOOD EARTH® HUEVOS* GS**

Scrambled eggs, black beans, whole wheat tortilla,
topped with roja sauce, cheese, sour cream,
guacamole, sliced radish, cilantro and chilies.
Served with roasted potatoes 19.95

JOE'S EGGS* GS

Fresh spinach, mushrooms, green onions, black beans
and scrambled eggs. Topped with cheese,
guacamole, sour cream, chilies, sliced radish and
cilantro. Served with roasted potatoes 16.95

***Substitute grass-fed beef for black beans 3.00**

FRESH-SQUEEZED FAVORITES

light ice - .75
no ice - 1.00

WHOLE LEMONADE

Lemon, fresh apples 7.95
Strawberry, Raspberry or Blueberry 8.50

GO GREEN LEMONADE

Kale, spinach, apple, lemon, ginger 8.95

STRAWBERRY FIELDS

Strawberry, apples, orange juice SMALL 5.00 LARGE 6.00

ZINGAPORE-SLING

Pineapple, ginger SMALL 5.00 LARGE 6.00

BETA-CARROT-ENE

Carrot, orange juice SMALL 5.00 LARGE 6.00

SMOOTHIES

Blended with ice and honey 8.00 EACH

CARMEN-MI-JUICE-DA

Strawberry, banana, orange juice

COPABANANA

Banana, mango, pina colada

FIBERRY

Strawberry, raspberry, blueberry, banana, apple juice

VEGAN V NUTS N GLUTEN SENSITIVE GS - Items can be made vegan or gluten sensitive upon request. Additional charges may apply.

*Please note that eating raw or undercooked beef, poultry, fish, shellfish or egg can increase the risk of food borne illness. This risk increases with some medical conditions. Also note that our restaurant and bakery are not gluten free environments. We can minimize the gluten present, but cannot guarantee that every dish is completely gluten free.