

Good Food By Fax

For a quick, easy way to enjoy the best – lunch, dinner, office meetings or for family and friends – Good Earth offers its entire menu for take-out. Simply fax your selections to us at 952-925-0166 for Edina, 651-636-4335 for Roseville and your order will be ready to pick up in 20 minutes or less. When ordering for 10 people or more, please allow more time.

Phone: Edina 952-925-1001 Roseville 651-636-0956

SOUPS AND SALADS

1. Vegetable Bean Soup 5.50
2. GOOD EARTH® Soup Trio 9.95
3. Tropical Spinach Salad 10.95
4. GOOD EARTH® Cashew Chicken Salad 11.95
5. Curried Turkey Salad 12.95
6. Mediterranean Greek Salad 10.95
7. Chopped Salad 12.95
8. Side Salad 5.50
9. Soup and Salad 9.95

SHARING PLATES

10. Middle Eastern Medley 9.95
11. Stoneground Nachos with beef or chicken 7.95 10.95
12. Edamame 4.95
13. Bangkok Chicken Satay 6.95
14. Veggie Pot Stickers 6.95
15. Baked Artichoke Dip 7.95
16. Wild Mushroom & Gruyere Flatbread 9.95
17. Thai Chicken Pizza 9.95
18. Pear & Fig Flatbread 9.95

FROM THE GARDEN

19. Wok Seared Fresh Vegetables 10.95
20. Winter Pear Risotto 12.95
21. Veggie Enchiladas 10.95
22. Winter Gnocchi 12.95

SANDWICHES, WRAPS AND NATURAL BURGERS

23. GOOD EARTH® Cashew Chicken Salad Sandwich 9.95
24. Cashew Chicken Melt 9.95
25. Almond Tuna Salad Sandwich 9.95
26. Almond Tuna Melt 9.95
27. Grilled Shrimp "Pita" 11.95
28. Grilled Veggie Sandwich 10.95
29. Turkey Club 10.95
30. Salad and Half Sandwich 9.95
31. Soup and Half Sandwich 9.95
32. GOOD EARTH® Reuben 10.95
33. Harvest Wrap 10.95
34. GOOD EARTH® Bean Burrito with Chicken or Beef 9.95 12.95
35. Thai Chicken Wrap 10.95
36. All Natural Basic Burger with cheese 9.95 11.45
37. Natural Bison Burger with cheese 10.95 12.45
38. GOOD EARTH® Burger Bison, caramelized onions, mushrooms, avocado, Gruyere cheese, sunflower sprouts and and red pepper aioli 13.95
39. Turkey Burger with Cheese 9.95 11.45
40. GOOD EARTH® Planet Burger with cheese 9.95 11.45
41. Turkey Porcupine Sliders 8.95
42. Patty Melt 10.95

FROM THE FARM

43. Grilled Chicken Quesadillas 10.95
44. Free Range Teriyaki Chicken 12.95
45. Chicken Chang Mai Noodles 11.95
46. GOOD EARTH® Turkey Meatloaf 13.95
47. Coconut Curried Chicken 11.95
48. Mandarin Orange Beef 12.95

FROM THE SEA

49. Grilled Tuna with Ginger Noodles 15.95
50. Grilled Salmon and Mango Salsa 15.95
51. Shrimp & Scallops with Creamy Corn Polenta 14.95

FISH

STEAMED, SAUTEED OR GRILLED

52. Wild Mahi Mahi 15.95
53. Wild Ahi Tuna 15.95
54. Wild Sustainable Keta Salmon 15.95
55. Farm Raised Atlantic Salmon 15.95
56. Farm Raised Tilapia 14.95

SIDES

57. Roasted Potatoes 3.00
58. Gingered Yams 3.00
59. Steamed Rice (brown, jasmine or wheatberry) 3.00
60. Steamed Vegetables 6.00
61. GOOD EARTH® Adzuki and pinto beans 3.00
62. Black Beans 3.00

Fresh Squeezed Juices

- Small 3.95 Large 4.95
- Orange
- Grapefruit
- Orange You Glad - orange & pineapple
- Strawberry Fields - strawberry, apple & orange
- Cranberry Crush - cranberry, apple & orange
- Down Under - kiwi, apple & lime
- Watermelon Wahoo - watermelon, pineapple & apple
- Zingapore Sling - pineapple & ginger
- Immuni "C" - orange & wheat grass
- Rooty Fruity - carrot & apple
- Beta Carrot-ene - carrot & orange
- 18 Carrot Gold -carrot & parsley
- Heart Beet - beet, wheat grass & carrot
- Vegamary - tomato, celery, carrot, parsley, red pepper. Garnish with celery salt, black pepper, & pepperoncinini

Whole Lemonade 4.25

- Fresh juiced lemon and apples
- Strawberry or Raspberry lemonade 5.25

Fresh Fruit Smoothies 5.25

- Carmen Mi-Juice-Da - strawberry, banana & orange
- Waiki-Kiwi - kiwi, pineapple, banana & apple
- CopaBanana- banana,mango,pineapple, coconut milk & high protein powder
- Fiberry - raspberries, strawberries, blueberries & wheat germ

Natural Shakes 5.95

- made with high protein powder, and your choice of fat free frozen yogurt or ice cream
- Power Plus - carob powder, banana, pineapple-coconut and nuts
- Surfer - pineapple, banana and coconut
- Finish Line - strawberries, banana and granola
- Body Slam - peanut butter & carob
- The Jogger -orange, pineapple and coconut juice

- Organic Milk 2.50
- Skim or Whole
- Arnold Palmer 3.95
- Iced black tea and lemonade
- Soy Milk 2.50
- Rice Dream 2.50

Hot Tea and Coffee 3.25

- GOOD EARTH® teas
- Caffeinated Teas
- Original • Black • Earl Grey • English Breakfast • Organic Orignal
- Organic Original 7 Spice Chai • Chai • Vanilla Chai • Green Tea • Jasmine Green • Ginseng Green Tea
- White Vanilla Tea Blend
- Caffeine Free Teas
- Caffeine Free Original • Organic Original • Organic Cool Mint Herbal
- Organic 7 Spice Chai • Organic Green • Red Raspberry • Peppermint
- White & Green Tea Blend • Decaffeinated Green • Decaffeinated Vanilla Chai • Chamomile
- GOOD EARTH® iced teas • Original • Ceylon Lumbini Estate (Black) • Green Tea with Mango • Red Berries GOOD EARTH® Organic coffee • Original • Decaffeinated • Iced

- Bottled mineral water - 2.95
- GOOD EARTH® natural spring
- La Croix Sparkling

- Thirst Quenchers 2.95
- IBC Rootbeer • IBC Cream Soda
- IBC Tangerine • IBC Black Cherry

Name _____

Phone Number _____

Please indicate your menu selections from the corresponding numbers on the reverse side, including the quantity of each order.

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please list beverages and quantities below

Special Instructions _____
