

Good Food From **Good Earth**[®] By Fax

For a quick, easy way to enjoy the best – lunch, dinner, office meetings or for family and friends – Good Earth offers its entire menu for take-out. Simply fax your selections to us at 952-925-0166 for Edina, 651-636-4335 for Roseville and your order will be ready to pick up in 20 minutes or less. When ordering for 10 people or more, please allow more time.

Phone: Edina 952-925-1001 Roseville 651-636-0956

soups and salads

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|---|--------------|
| 1. Vegetable Bean Soup | 5.25 |
| 2. Soup Trio | 8.50 |
| 3. Tropical Spinach Salad | 10.50 |
| 4. GOOD EARTH [®] Cashew Chicken Salad | 11.95 |
| 5. Almond Tuna Salad | 11.95 |
| 6. Mediterranean Greek Salad | 10.95 |
| 7. Pecan Crusted Chicken | 14.95 |
| 8. Chopped Salad | 12.95 |
| 9. Side Salad | 5.50 |
| 10. Soup and Salad | 9.50 |
| 11. Trio of Salads | 9.95 |

sharing plates

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|---------------------------|--------------|
| 12. Middle Eastern Medley | 7.95 |
| 13. Stoneground Nachos | 7.95 |
| with beef or chicken | 10.95 |
| 14. Edamame | 4.95 |
| 15. Szechuan Green Beans | 5.25 |
| 16. Bangkok Chicken Satay | 6.95 |
| 17. Veggie Pot Stickers | 6.95 |
| 18. Baked Artichoke Dip | 7.95 |
| 19. Sundried Tomato Pizza | 9.95 |
| 20. Thai Chicken Pizza | 9.95 |
| 21. Greek Pizza | 9.95 |

from the garden

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|---------------------------------|--------------|
| 22. Wok Seared Fresh Vegetables | 10.95 |
| 23. Summer Veggie Risotto | 12.95 |
| 24. Veggie Enchiladas | 10.95 |
| 25. Three Bean Spa Pasta | 12.95 |

sandwiches, wraps and natural burgers

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| 26. GOOD EARTH [®] Cashew Chicken Salad Sandwich | 9.50 |
| 27. Cashew Chicken Melt | 9.50 |
| 28. Almond Tuna Salad Sandwich | 9.50 |
| 29. Almond Tuna Melt | 9.50 |
| 30. Grilled Shrimp "Club" | 10.95 |
| 31. Grilled Veggie Sandwich | 9.95 |
| 32. Turkey Club | 10.95 |
| 33. Salad and Half Sandwich | 9.50 |
| 34. Soup and Half Sandwich | 9.50 |
| 35. GOOD EARTH [®] Reuben | 10.95 |
| 36. Mediterranean Veggie Wrap | 9.95 |
| 37. GOOD EARTH [®] Bean Burrito with Chicken or Beef | 9.95
12.95 |
| 38. Thai Chicken Wrap | 9.95 |
| 39. All Natural Basic Burger with cheese | 9.25
10.75 |
| 40. Natural Bison Burger with cheese | 9.25
10.75 |
| 41. The GOOD EARTH [®] Burger (Bison, caramelized onions, mushrooms, avocado, Gruyere cheese, sunflower sprouts and and red pepper aioli) | 11.95 |
| 42. Turkey Burger with Cheese | 8.95
10.45 |
| 43. GOOD EARTH [®] Planet Burger with cheese | 8.95
10.45 |
| 44. Walleye Burger | 10.95 |

from the farm

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| 45. Grilled Chicken Quesadillas | 10.95 |
| 46. Free Range Teriyaki Chicken | 12.95 |
| 47. Chicken Chang Mai Noodles | 11.95 |
| 48. GOOD EARTH [®] Turkey Meatloaf | 13.95 |
| 49. Pork Chop/Trop Salsa | 14.95 |
| 50. Coconut Curried Chicken | 11.95 |
| 51. Mandarin Orange Beef | 12.95 |

from the sea

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|------------------------------------|--------------|
| 52. Tilapia Tacos | 12.95 |
| 53. Grilled Salmon and Mango Salsa | 14.95 |
| 54. Sockeye Salmon | 15.95 |

fish, steamed, sauteed, or grilled

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|------------------------|--------------|
| 55. Wild Mahi Mahi | 15.95 |
| 56. Wild Halibut | 16.95 |
| 57. Wild Ahi Tuna | 15.95 |
| 58. Wild Keta Salmon | 15.95 |
| 59. Farm Raised Salmon | 15.95 |

sides

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|---|-------------|--|-------------|
| 60. Roasted Potatoes | 3.00 | 63. Steamed Vegetables | 5.95 |
| 61. Gingered Yams | 3.00 | 64. GOOD EARTH [®] Adzuki and pinto beans | 3.00 |
| 62. Steamed Rice (brown, jasmine or wheatberry) | 3.00 | 65. Black Beans | 3.00 |

beverages

Fresh Squeezed Juices

- Small **3.75** Large **4.75**
- **Organic Orange**
 - **Grapefruit**
 - **Orange You Glad** - organic orange & pineapple
 - **Strawberry Fields** - strawberry, apple & organic orange
 - **Cranberry Crush** - cranberry, apple & organic orange
 - **Down Under** - kiwi, apple & lime
 - **Watermelon Wahoo** - watermelon, pineapple & apple
 - **Zingapore Sling** - pineapple & ginger
 - **Immuni "C"** - organic orange & wheat grass
 - **Rooty Fruity** - carrot & apple
 - **Beta Carrot-ene** - carrot & organic orange
 - **18 Carrot Gold** -carrot & parsley
 - **Heart Beet** - beet, wheat grass & carrot
 - **Vegamary** - tomato, celery, carrot, parsley, red pepper. Garnish with celery salt, black pepper, & pepperoncini

Whole Lemonade 4.25

An entire lemon juiced with fresh apples

Strawberry or Raspberry Lemonade
5.25

Fresh Fruit Smoothies 5.25

- **Carmen Mi-Juice-Da** - strawberry, banana & organic orange
- **Waiki-Kiwi** - kiwi, pineapple, banana & apple
- **CopaBanana**-banana,mango,pineapple, coconut milk & high protein powder
- **Fiberry** - raspberries, strawberries, blueberries & wheat germ

Natural Shakes 5.75

made with high protein powder, and your choice of fat free frozen yogurt or ice cream

- **Power Plus** - carob powder, banana, pineapple-coconut and nuts
- **Surfer** - pineapple, banana and coconut
- **Finish Line** - strawberries, banana and granola
- **Body Slam** - peanut butter & carob
- **The Jogger** - organic orange, pineapple and coconut juice

Organic Milk 2.50

Skim or Whole

Arnold Palmer 3.95

Iced black tea and lemonade

Soy Milk 2.50

Rice Dream 2.50

Hot Tea and Coffee 2.75

GOOD EARTH® teas

Caffeinated Teas

- Original • Black • Earl Grey • English Breakfast • Organic Original • Organic Original 7 Spice Chai • Chai • Vanilla Chai
- Green Tea • Jasmine Green • Ginseng Green Tea • White Vanilla Tea Blend

Caffeine Free Teas

- Caffeine Free Original • Organic Original
- Organic Cool Mint Herbal • Organic 7 Spice Chai • Organic Green • Red Raspberry • Peppermint • White & Green Tea Blend • Decaffeinated Green
- Decaffeinated Vanilla Chai • Chamomile GOOD EARTH® iced teas • Original
- Ceylon Lumbini Estate (Black)
- Green Tea with Mango • Red Berries GOOD EARTH® Organic coffee -
- Original • Decaffeinated • Iced

Bottled mineral water - 2.75

GOOD EARTH® natural spring

La Croix Sparkling

Thirst Quenchers 2.75

- IBC Rootbeer • IBC Cream Soda
- IBC Tangerine • IBC Black Cherry

name _____

phone number _____

Please indicate your menu selections from the corresponding numbers on the reverse side, including the quantity of each order.

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please list beverages and quantities below

Special Instructions _____
